

# Spa Days & Sunset Spa Experience



www.casatorretablanca.com casatorretablanca@gmail.com





















### Welcome to Casa Torreta Blanca



Nestled in the Spanish mountains is a beautiful Spanish style Cortija (farmhouse) surrounded by three acres of gardens and olive groves. Your hosts Jane & Patrick are on hand to make sure your Spa Day or Sunset Spa Experience will leave you relaxed, refreshed and recharged.

All treatments are performed by our award winning therapists. You deserve the best.

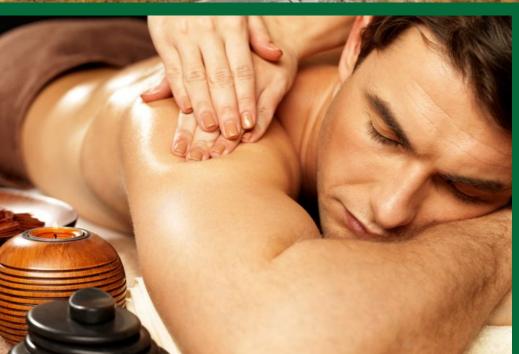
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# Our Spa

We offer an extensive treatment menu from facials, massage, holistic therapies, male grooming and more, so there really is something to suit everyone.











## Spa Day

Kick back and relax in the beautiful Spanish mountains surrounding Casa Torreta Blanca on a Spa day like no other.

Spa Day Includes:

- Welcome Mocktail of the Day
- Relax around the pool, the deluxe hot tub or our extensive terraces
  - Choice of one 45-minute treatment
    Lunch:
- Select of rustic breads, marinated olives & dipping oils
- Sharing platters of cured meats, cheeses
   pates (special diets can be catered for on request)
- Sangria or sparkling wine, or soft drinksFresh fruit platter
- Freshly brewed coffee/selection of teas

€75 per person
Minimum 3 people/Maximum 6









# Spa Day Treatments

45 Minute Treatment - Choose One

#### Facials

Aromatherapy Facial
Facial Reflexology
Gua Sha Facial Massage
Natural Facelift Massage
Rose Quartz Facial
Tibetan Sound Healing Crystal Massage

#### Massage

Tratamiento Bronceado: Our signature treatment Cupping Therapy (Jane's speciality) Deep Tissue/Remedial Massage (Pat's speciality) Fresh Aloe Vera Massage Indian Head Massage

#### Male Grooming

Facial
Luxury Hot Towel Wet Shave (with Pat)

#### Holistic Therapies

Reflexology Tibetan Acs-Sound Therapy











### Sunset Spa

As the sun sets, relax in the beautiful surroundings of Casa Torreta Blanca.

Sunset Spa Includes:

- Welcome Sangria or sparkling wine with nuts & olives
  - Relax in the deluxe hot tub or our extensive terraces
- · Choice of one 45-minute treatment
- Create your own perfect foot soak from mineral salts, aromatic fresh herbs, essential oils & flower petals; then cosy up around our pot-bellied stove in the chillier evenings
- Candle-lit meditation on our roof terrace/indoor spa (weather dependent)
  - · Supper Our Famous Pizza Night:
- Our own pizza dough with a wide selection of toppings for you to create your own pizza masterpiece
  - Ensalada Mixta
  - Garlic Bread
- · Sangria or sparkling wine, or soft drinks
  - · Homemade baklava & mint tea
- Freshly brewed coffee/selection of teas

€85 per person
Minimum 2 people/Maximum 4









## Sunset Spa Treatments

45 Minute Treatment - Choose One

#### Facials

Aromatherapy Facial
Facial Reflexology
Gua Sha Facial Massage
Natural Facelift Massage
Rose Quartz Facial
Tibetan Sound Healing Crystal Massage

#### Massage

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#### Male Grooming

Facial
Luxury Hot Towel Wet Shave (with Pat)

#### Holistic Therapies

Reflexology
Tibetan Acs-Sound Therapy













### How to book

Drop us an email to book your Spa Day or Sunset Spa Experience.

casatorretablanca@gmail.com







